

# FRENCH TREATS 2021

A knitting holiday with designer and expert tutor

**Fiona Morris**

A relaxing week of workshops, yarns, creativity, trips, fun and much more.

12th - 19th June 2021

LE VIEUX MONASTERE, CHARENTE MARITIME, SOUTH WEST FRANCE



Following the success of our fabulous knitting workshops since 2006 we are pleased to confirm the programme for 2021 which will see Fiona Morris returning. Workshops include "Learn to knit Twigg Stitch", "Reversible Cables", "Short Row shaping", and learn new methods of casting on and casting off. Stella will be back with her pop up yarn shop and of course there will be trips out to local places of interest.

The holiday takes place in the beautiful retreat of Le Vieux Monastere, a former monastery dating back to the 12<sup>th</sup> century. Set in the sunny Charente Maritime between La Rochelle and Cognac, this is a perfect setting for promoting creativity and a sense of well being. The workshops form part of an inclusive programme which provides a complete and relaxing holiday experience.

Guests are accommodated in our luxurious cottages, and meals consist of breakfast, lunch and dinner with wine included, except on excursions.

The cost of this holiday is £850, which includes accommodation, airport transfers, full board, all workshops and excursions. The cost excludes travel to La Rochelle and single room supplement of £75.

*"Wonderful relaxing holiday with like minded people. Food wonderful and varied and very welcoming hosts"*  
*Janet, 2019 workshop guest*

*"So relaxing, good company, delicious food, brilliant workshops and teaching, fun outings and everything always perfectly organised"*  
*Val, 2019 workshop guest*

*"I leave Le Vieux Monastere already looking forward to coming back. On arrival it felt a little bit like coming home!"*  
*Avril, 2019 workshop guest.*



Your hosts, Graham & Christine

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Sat 12th	Pm Eve	Arrive La Rochelle. Transfer to Le Vieux Monastere Welcome reception with complementary aperitifs. Meet your hosts, tutor and fellow guests, followed by dinner
Sun 13th	Am/pm  Eve	Full day workshop - Introduction to the week followed by 'Learn to knit Twigg Stitch', a technique that produces two colour rib based stitch patterns. Visit from yarn shop in the afternoon Dinner followed by Show and Tell
Mon 14th	Am/Pm Eve	Full day excursion to the historic port town of La Rochelle. Dinner followed by Share and Solve
Tues 15th	Am/Pm  Eve	Full day workshop - 'Reversible Cables.' Knitting cables for a reversible fabric from simple patterns that look the same on both sides to different cable patterns on each side of the fabric. Dinner followed by Knit and Natter
Weds 16th	Am/Pm Eve	Full day excursion to a local place of interest Dinner followed by Knit and Natter
Thur 17th	Am  Pm Eve	Half day workshop - 'Short Row shaping' and how it can add shape and interest to your knitting/garment patterns. Continue to work on projects started during the week Outing to a local restaurant (cost of meal not included)
Fri 18th	Am  Pm Eve	Half day workshop - 'Casting on and casting off'. It is always useful to know a variety of methods of casting on and casting off Work on projects started and round up of the week. Farewell dinner
Sat 19th		Depart for La Rochelle. Hope to see you next year.



# Fiona Morris

Fiona Morris has been teaching our residential knitting workshop holidays since 2010 and continues to be a hugely popular tutor for her teaching style and approachability.

A freelance designer and experienced knitting teacher, Fiona has been involved in teaching to all levels since the mid 1990's including City and Guilds certificate and diploma level. Her designs have been featured in a number of knitting magazines, where she also contributes technical features.

Her book "Knitting with Beads" published in 2018 is a contemporary guide to a traditional technique.



What Fiona says about French Treats 2021:

"We will be offering a variety of knitting subjects in the workshops for 2020. The first one day workshop will introduce knitters to the 'Twigg Stitch'. These are a range of reversible two-colour stitch patterns developed by Vicki Twigg, a cross between two-colour Double Knitting and rib. The stitch patterns can be used for a range of accessories and items that have an interesting stitch pattern on both sides of the fabric.

Sticking with the idea of reversible fabrics the second one day workshop is Reversible Cables. The cables can be simple based on wide rib fabrics or different types of textured stitches combined with rib to give the same look on each side of the fabric, or have completely different cable patterns on each side of the fabric

There will also be two half day workshops covering short row shaping and casting on and casting off. Short row shaping can be used to add shape and structure to a garment, create unusual stitch patterns or make 3D pieces. There are a variety of ways to work short row shaping. A couple of the most common methods will be covered in the workshop.

The 2<sup>nd</sup> half day workshop will look at some of the different ways to cast on and off with examples of why you might want to choose a different method to the one(s) you are familiar with. It can make a big difference to the finished look of your piece of knitting choosing the best method of casting on and casting off."

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LE VIEUX MONASTERE, CHARENTE MARITIME  
SOUTH WEST FRANCE

Full Name

Address

Tel (Daytime)

Tel (Evening)

Email:

Any special dietary requirements?

Which flight are you expecting to arrive on?

Workshop holiday cost (Ask us for a € equivalent if you would like to pay in €)	£850.00
Private room supplement £75	£
Total holiday cost	£
Less 25% non refundable deposit enclosed	£
Amount Due 10 weeks before arrival	£

Where did you hear about us?

I accept the Le Vieux Monastere Terms and Conditions. I am over 18 years old.

I enclose a non refundable deposit of £/€ ..... and agree to pay the balance of £/€..... ten weeks before arrival

Name..... Signed..... Date.....

Please make cheques payable to "Mr & Mrs G Dove", or ask for our bank details. Email or send this signed booking form and your deposit cheque to:

Mr & Mrs G Dove,

Le Vieux Monastère, 15 rue St Martin, 17770 St Hilaire de Villefranche, France

NOTE: It is advisable to arrange travel insurance against cancellation of your holiday. The workshops and lectures will be conducted in English.